



# PHYSIOTHERAPY ASSISTANT IN AGED CARE

Sub title

## - TRAINING DAY

### WHO IS THIS FOR?

This day is for those who are new to being a physiotherapy assistant or have had no previous training for the role.

It is also suitable for activities staff who will have a role in supporting the physiotherapist.

### WHAT IS COVERED?

- Understanding the role of the physio and PTA
- understanding boundaries and reporting
- Informed consent
- Documenting treatments
- Moving and handling for rehabilitation
- Aging and physical activity
- Falls prevention
- Walking and walking aids
- Common strength and balance exercises
- Safely implementing exercise programmes

[www.onthegophysio.co.nz](http://www.onthegophysio.co.nz)

0800 000 856

47 Whiteleigh Avenue, Christchurch 8024



### DATE AND TIME

Date: 28th March 2025

Time: 9am - 3pm

### LOCATION

On the Go Physio  
47 Whiteleigh Ave  
Christchurch

### COST

\$ 230 per person

### REGISTRATION

