



# Moving and Handling Champions Training

3 day intensive course

## BUILD KNOWLEDGE

- Risk assessment and clinical reasoning
- Safe body mechanics and techniques
- Handling residents with dignity and respect
- Cultural safety
- Equipment use and decision making
- Understanding care plans

## BUILD CONFIDENCE

- Practice sharing information with colleagues
- Peer teaching sessions
- Learn to teach others
- Practical demonstration practice
- Competency assessments

## BUILD PATHWAYS

- Develop a training pathway specific to your facility
- Explore opportunities specific to your own workplace
- Ongoing support as required to bring meaningful change

[www.onthegophysio.co.nz](http://www.onthegophysio.co.nz)

0800 000 856

47 Whiteleigh Avenue, Christchurch 8024

## DATE AND TIME

Date: 3rd, 4th and 5th March 2025

Time: 8:30 - 4:30 each day

## LOCATION

Dates: 30th and 31st May 2024

Cubro Showroom

5 Lakeside Place 4pm each day

Christchurch

## COST

\$977.50 per person

## REGISTRATION



**REBECCA  
WASHBOURN**

Physiotherapist  
HASANZ registered  
moving and  
handling trainer.

